

# MENTAL HEALTH & SUPPORT RESOURCE LIST

## GENERAL MENTAL HEALTH SUPPORT

LOOKUp Indiana	800.284.8439 24/7 ONLINE CHAT	<a href="http://www.lookupindiana.org">www.lookupindiana.org</a>	LOCAL TO FORT WAYNE, IN
MENTAL HEALTH AMERICA OF NORTHEAST INDIANA	260.422.6441	<a href="https://mhanortheastindiana.org">https://mhanortheastindiana.org</a>	LOCAL TO FORT WAYNE, IN
NAMI FT. WAYNE (NATIONAL ALLIANCE ON MENTAL ILLNESS)	260.447.8990	<a href="https://namifortwayne.org">https://namifortwayne.org</a>	LOCAL TO FORT WAYNE, IN
REMEDYLIVE	24/7 ONLINE CHAT	text "remedy" to 494949 <a href="http://www.remedylive.com">www.remedylive.com</a>	LOCAL TO FORT WAYNE, IN
NATIONAL PARENT HELPLINE	1.855.427.2736	<a href="http://www.nationalparenthelpline.org">www.nationalparenthelpline.org</a>	NATIONAL

## GENERAL MENTAL HEALTH SUPPORT WITH TREATMENT CENTER

PARK CENTER	260.481.2700	<a href="http://www.parkcenter.org">www.parkcenter.org</a>	LOCAL TO FORT WAYNE, IN
PARKVIEW BEHAVIORAL HEALTH	260.373.7500	<a href="http://www.parkview.com/healthservices/behavioralhealth">www.parkview.com/healthservices/behavioralhealth</a>	LOCAL TO FORT WAYNE, IN

## LGBTQ RESOURCES

TREVOR PROJECT	866.488.7386	<a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>	NATIONAL
TRANS LIFELINE	877.565.8860	<a href="https://translifeline.org/hotline">https://translifeline.org/hotline</a>	NATIONAL

## SUICIDE PREVENTION

STOP SUICIDE NORTHEAST INDIANA	260.422.6441	<a href="http://www.stopsuicidenow.org">www.stopsuicidenow.org</a>	LOCAL TO FORT WAYNE, IN
INDIANA SUICIDE & CRISIS LIFELINE	988	<a href="https://988indiana.org">https://988indiana.org</a>	INDIANA
NATIONAL SUICIDE PREVENTION LIFELINE	1.800.273.8255	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>	NATIONAL
NATIONAL CRISIS TEXT LINE	n/a	text "home" to 741741 <a href="http://www.crisistextline.org">www.crisistextline.org</a>	NATIONAL
SUICIDE PREVENTION RESOURCE CENTER	877.438.7772	<a href="http://www.sprc.org">www.sprc.org</a>	NATIONAL

## MENTAL HEALTH AND SUBSTANCE USE DISORDER SUPPORT

SAMHSA'S NATIONAL HELPLINE	1.800.662.HELP (4357)	<a href="https://www.samhsa.gov/find-help/national-helpline">https://www.samhsa.gov/find-help/national-helpline</a>	NATIONAL
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## COMMUNITY RESOURCES

211 - FIRST CALL FOR HELP	211	<a href="http://www.211.org">http://www.211.org</a>	NATIONAL
SALVATION ARMY	260.424.1655	<a href="http://www.salvationarmyindiana.org/fortwayne">www.salvationarmyindiana.org/fortwayne</a>	LOCAL TO FORT WAYNE, IN
THE RESCUE MISSION	260.426.7357	<a href="http://www.therescuemission.net">www.therescuemission.net</a>	LOCAL TO FORT WAYNE, IN