

Patient Name: _____ Male Female Date of Birth: _____ Age: _____

Height: _____ feet _____ inches Current Weight: _____ lbs Highest Weight: _____ lbs – when? _____ Weight at age 18: _____ lbs

I am interested in: Adjustable Gastric Band Gastric Bypass Sleeve Gastrectomy Revision of previous bariatric surgery Unsure

Occupation: _____

- Full-time (more than 35 hours) Part-time (less than 35 hours) Unemployed Disabled Retired
 Self-employed Homemaker Student

SOCIAL HISTORY:

Marital Status: Single Married Divorced Separated Widow Significant Other

Yes No Do you have children? If yes, how many do you have? _____

Yes No Do you have grandchildren? If yes, how many do you have? _____

Yes No Have you ever used tobacco products?

If yes, did you use (check all that apply): Cigarettes Cigars Pipe Chewing tobacco

Yes No Do you *currently* use tobacco products?

Yes No Have you ever used illegal or street drugs?

If yes, how often did you use? Rarely Occasionally Frequently Have you stopped using? Yes No

Yes No Do you drink alcohol? If yes, how often do you drink? Rarely Occasionally Frequently

Yes No Have you ever had an addiction problem that required treatment or rehab? If yes, please check all that apply:

Alcohol Illegal (street) drugs Prescription drugs Other addiction(s): _____

FAMILY HISTORY:

Father's present age: _____ or Age at death: _____ Cause of death: _____ Health problems: _____

Mother's present age: _____ or Age at death: _____ Cause of death: _____ Health problems: _____

How many brothers and/or sisters do you have in your family? _____

Do you have a family history of (check all that apply):

- Obesity Heart disease Blood clotting or bleeding disorders Diabetes High blood pressure Pulmonary embolus
 Breast Cancer Colon cancer Lung disease, asthma, emphysema Malignant hyperthermia Gastric cancer

ENDOCRINE:

Yes No Have you been told that you are pre-diabetic or have high blood sugars?

Yes No Do you currently have diabetes?

Yes No Do you take insulin?

Yes No Do you take oral diabetic medication?

Yes No Do you use diet only to treat your diabetes?

Yes No Do you take medication for thyroid disease?

Yes No Have you ever used steroids for any medical problem(s) in the past year?

Yes No Have you ever been diagnosed with sickle cell disease or trait?

Yes No Are you HIV positive or do you AIDS?

Patient Name: _____

Patient ID Number: _____

DOB: _____

CARDIAC:

- Yes No Have you been under the care of a heart specialist (cardiologist) in the last 5 years?
- Yes No Do you have high blood pressure?
- Yes No Do you take medication for high blood pressure?
- Yes No Have you seen a doctor for irregular heartbeats?
- Yes No Do you take medication for irregular heartbeats?
- Yes No Have you been told that you have a heart murmur?
- Yes No Have you been told that you have mitral valve prolapsed?
- Yes No Do you currently have chest pain(angina)?
If yes, do you have chest pain: While sitting still
 While walking With strenuous work/exercise
- Yes No Have you ever had a heart attack?
- Yes No Have you ever had an abnormal EKG heart tracing)?
- Yes No Have you ever had a cardiac (heart) catheterization?
- Yes No Have you ever had a heart treadmill or chemical stress test?
- Yes No Have you ever been told that you have congestive heart failure?
- Yes No Have you ever been hospitalized for heart failure?
- Yes No Have you ever had an angioplasty or cardiac stents placed for your heart disease?
- Yes No Are you on blood thinner medication for treatment of your heart disease?

- Yes No Do you have leg, ankle, or feet swelling?
- Yes No Are you on medication for leg, ankle, or feet swelling?
- Yes No Have you ever had blood clots in your legs (DVT)?
 Yes No If yes, were you treated with blood thinners?
- Yes No Have you ever had blood clots in your lungs (pulmonary embolus)?
 Yes No If yes, were you treated with blood thinners?
- Yes No Have you been treated for leg, ankle, or foot ulcers (venous status ulcers)?
- Yes No Do you have varicose veins? If yes:
 Right leg Left leg Both legs
- Yes No Have you ever had an IVC filter placed for blood clots?
- Yes No Have you ever had a stroke?
- Yes No Have you ever been told that your cholesterol level was high?
- Yes No Do you take medication for high cholesterol levels?
- Yes No Have you ever been told that you have high triglyceride levels?
- Yes No Do you take medication for high triglyceride levels?

1. Have you ever had a cardiac cath? Yes No

If Yes: Was a stent or balloon used to open the arteries (Angioplasty) or modifications to the catheter tip done to cut out plaque? Yes No

2. Have you ever had a major cardiac surgery (off pump or bypass) which includes the following (check if you have):

- CABG (Coronary Artery Bypass Graft)
- Valve repair or replacement
- Repair of atrial or ventricular septal defects
- Great thoracic vessel repair
- Cardiac (heart) transplant
- Left ventricular Aneurysmectomy
- Insertion of ventricular assist devices (LVAD, BiVad)

Patient Name: _____

Patient ID Number: _____

DOB: _____

PULMONARY (LUNGS):

- Yes No Have you been under the care of a lung specialist (pulmonologist) in the last 2 years?
- Yes No Do you get short of breath walking up a flight of steps?
- Yes No Do you get short of breath walking a city block?
- Yes No Do you have a history of bronchitis?
- Yes No Do you have asthma? If yes:
 - Yes No Do you inhale daily?
 - Yes No Do you use inhalers only when needed?
 - Yes No Do you use nebulizer treatments?
 - Yes No Do you use oxygen?
 - Yes No Have you been hospitalized for asthma within the last 2 years?
 - Yes No Is your asthma well controlled?
- Yes No Do you have a chronic cough?
- Yes No Have you ever been diagnosed with tuberculosis?
- Yes No Have you ever been diagnosed with COPD?

- Yes No Have you ever been diagnosed with sleep apnea? If yes:
 - Yes No Do you use an oral appliance?
 - Yes No Do you use a CPAP machine?
 - Yes No Do you use a BiPAP machine?
 - Yes No Do you use nighttime oxygen?
 - Yes No Have you had surgery for the treatment of sleep apnea?
- Yes No Do you snore when you sleep?
- Yes No Do you wake up at night trying to catch your breath?
- Yes No Do you wake up frequently with a headache?
- Yes No Do you wake up from your sleep to urinate nightly?
- Yes No Do you routinely sleep in a recliner chair at night?
- Yes No Have you ever been diagnosed with emphysema?
- Yes No Have you ever been diagnosed with sarcoidosis?

BONES / JOINTS / MUSCLES:

- Yes No Have you ever been diagnosed with arthritis? If yes, which one?
 - Rheumatoid arthritis Degenerative joint disease
 - Osteoarthritis Other arthritis (not listed)
- Yes No Do you have hip pain that limits your activity level? If yes: Right Left Both
- Yes No Do you have knee pain that limits your activity level? If yes: Right Left Both
- Yes No Do you have ankles pain that limits your activity level? If yes: Right Left Both
- Yes No Do you have shoulder pain that limits your activity level? If yes: Right Left Both
- Yes No Do you have frequent back pain which limits your activity level?
- Yes No Have you ever been diagnosed with gout? If yes:
 - Yes No Do you currently take medication(s) for gout?

- Yes No Do you use a cane or walker to help you walk? If yes: Sometimes Always
- Yes No Do you use a motorized scooter or wheelchair? If yes: Sometimes Always
- Yes No Have you ever been diagnosed with herniated disc(s)?
- Yes No Have you ever been told you have carpal tunnel disease?
- Yes No Have you ever been diagnosed with scleroderma?
- Yes No Have you ever been diagnosed with fibromyalgia? If yes, how is it treated:
 - Exercise
 - Surgical intervention done or recommended
 - Non-narcotic medications
 - Disabling, no treatment has been effective
- Yes No Have you ever been diagnosed with lupus?
- Yes No Are you currently under the care of an orthopedic surgeon or neurosurgeon?

Patient Name: _____

Patient ID Number: _____

DOB: _____

GI (STOMACH / INTESTINES):

- Yes No Have you seen a GI specialist (gastroenterologist) in the past 2 years?
- Yes No Do you have frequent difficulty chewing or swallowing?
- Yes No Do you suffer from difficulty having bowel movements (constipation)?
- Yes No Do you use stool softeners routinely?
- Yes No Do you have frequent loose stools (diarrhea)?
- Yes No Do you use anti-diarrhea medication routinely?
- Yes No Do you or have you had hemorrhoids?
- Yes No Do you suffer from heartburn (acid reflux)?
- Yes No Do you routinely take over the counter medications for heartburn?
- Yes No Do you take prescription medications for heartburn (GERD)?
- Yes No Have you ever been told that you have a hiatal hernia (hernia in diaphragm)?

- Yes No Have you ever had a stomach or duodenal ulcer?
- Yes No Have you ever been diagnosed with irritable bowel syndrome?
- Yes No Are you lactose intolerant?
- Yes No Have you ever been diagnosed with Crohn's disease?
- Yes No Have you ever been diagnosed with ulcerative colitis?
- Yes No Have you ever been diagnosed with cirrhosis?
- Yes No Have you ever been diagnosed with a fatty liver?
- Yes No Have you ever been diagnosed with hepatitis?
- Yes No Have you ever been diagnosed with celiac sprue?
- Yes No Have you ever been treated for pancreatitis?
- Yes No Have you ever had a previous weight-loss surgery?

HEENT / NEURO (HEAD):

- Yes No Do you have frequent headaches or migraines?
- Yes No Do you suffer from hearing loss? If yes:
 Right Left Both
- Yes No Do you wear glasses, contacts or use reading glasses?
- Yes No Do you suffer from chronic balance problems (vertigo)?
- Yes No Have you ever had a seizure?
- Yes No Are you currently taking any medications to prevent seizures?
- Yes No Have you ever been diagnosed with multiple sclerosis (MS)?
- Yes No Have you ever been diagnosed with pseudotumor cerebri? If yes:
 - Yes No Do you have nausea and dizziness with headaches?
 - Yes No Do you have vision problems when you have your headaches?
 - Yes No Have you ever had an MRI to confirm pseudotumor cerebri?
 - Yes No Do you use diuretics for treatment of your pseudotumor cerebri?
 - Yes No Do you require narcotic medications for pseudotumor cerebri?
 - Yes No Has surgical treatment been recommended for you? If yes...
 - Yes No Have you received surgical treatment?

CANCER:

- Yes No Have you ever been diagnosed with a cancer other than skin cancer? If yes, what kind of cancer:

BLADDER / KIDNEY:

- Yes No Do you have to urinate frequently?
- Yes No Do you have pain with urination?
- Yes No Do you have blood in your urine?
- Yes No Have you been told that you have protein in your urine?
- Yes No Have you ever had a kidney stone?
- Yes No Do you have leakage of urine with laughing/coughing/sneezing? If yes:
 - Occurs less than once per week
 - Greater than one occurrence per week
 - Occurs daily
 - Is disabling
- Yes No Do you have leaking of stool (feces) with laughing/coughing/sneezing?
- Yes No Have you ever had a bladder infection (UTI)?
- Yes No Have you ever had a kidney infection?

Patient Name: _____

Patient ID Number: _____

DOB: _____

PSYCHOLOGICAL:

- Yes No Have you ever been diagnosed with depression? If yes:
 - Yes No Do you require medications for your depression?
 - Yes No Is your depression occasional or episodic?
 - Yes No Does your depression prevent you from caring for yourself?
 - Yes No Does your depression prevent you from keeping a job?
 - Yes No Have you ever required hospitalization for depression?
 - Yes No Are you currently receiving care by a psychologist, psychiatrist or therapist for your depression?
 - Yes No Is your depression being treated by your family doctor?

- Yes No Have you ever been diagnosed with anxiety/panic attacks? If yes:
 - Yes No Do you require medications for anxiety?
 - Yes No Is your depression only occasional or episodic?
 - Yes No Does your anxiety prevent you from maintaining employment?
 - Yes No Have you ever required hospitalization for anxiety?

- Yes No Are you currently receiving care by a psychologist, psychiatrist or therapist for your anxiety?
- Yes No Is your anxiety being treated by your family doctor?

- Yes No Have you ever been diagnosed with having a bipolar disorder? If yes:
 - Yes No Do you require medications for your bipolar disorder?
 - Yes No Does your bipolar disorder prevent you from caring for yourself?
 - Yes No Does your bipolar disorder prevent you from keeping a job?
 - Yes No Have you ever required hospitalization for bipolar disorder?
 - Yes No Are you currently receiving care by a psychologist, psychiatrist or therapist for your bipolar disorder?
 - Yes No Is your bipolar disorder being treated by your family doctor?

- Yes No Have you ever been diagnosed with schizophrenia or any other form of personality disorder or mental illness?

- Yes No Have you been hospitalized for any form of mental illness or breakdown?

GYN (FOR WOMEN ONLY):

- Yes No Have you ever had a fertility workup?
- Yes No Are you currently pregnant?
- Yes No Do you have monthly periods?
- Yes No Are your periods irregular?
- Yes No Do you have abnormality heavy or prolonged menstrual periods?

- Yes No Have you ever been pregnant? If yes, during any pregnancy, did you have:
 - Yes No Diabetes
 - Yes No Low iron levels
 - Yes No High blood pressure
 - Yes No Pre-eclampsia

- Yes No Are you currently going through or in menopause?
- Yes No Are you currently using oral contraceptives?

- Yes No Are you currently using any other form of contraception?
- Yes No Have you ever been diagnosed with polycystic ovarian disease (PCOS)? If yes:
 - Yes No Are you being treated with oral contraceptives?
 - Yes No Are you being treated with metformin?
 - Yes No Are you being treated with any other medication(s)?
 - Yes No Have you been told you are infertile?

- Yes No Have you had a Pap test done in the last 2 years?
- Yes No Have you ever had an ectopic pregnancy?
- Yes No Do you receive a gynecological exam yearly?

Patient Name: _____

Patient ID Number: _____

DOB: _____

OVER-THE-COUNTER AND HERBAL PRODUCTS:

Please list any over-the-counter (OTC) medications or herbals that you are currently taking:

| Name of OTC / Herbal | Dosage | Reason |
|----------------------|--------|--------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

WEIGHT LOSS MEDICATION HISTORY:

Please indicate if you have taken any of the following medications to lose weight:

| Name of Medication | Dates | Duration | Weight Loss |
|---------------------------------|-------|----------|-------------|
| Amphetamines | | | |
| Phentermine (Adipex, Fastin) | | | |
| Phen-Fen | | | |
| Dexfenfluramine (Redux) | | | |
| Xenical (Orlistat) | | | |
| Meridia (Sibutramine) | | | |
| Liraglutide (Saxenda) | | | |
| Naltrexone-Bupropion (Contrave) | | | |
| Phentermine-Topiramate (Qsymia) | | | |
| Lorcaserin (Belviq) | | | |
| Other Diet Medication: _____ | | | |

NON-DIETARY THERAPIES:

Please indicate if you have tried any of the following weight loss therapies:

| Therapy | Dates | Duration | Weight Loss |
|--------------|-------|----------|-------------|
| Exercise | | | |
| Hypnosis | | | |
| Acupuncture | | | |
| Other: _____ | | | |

PREVIOUS WEIGHT LOSS SURGERY: Yes No

| Surgery Type | Date | Surgeon | Weight Loss |
|--------------|------|---------|-------------|
| | | | |
| | | | |

What is the reason you are seeking weight loss surgery? _____

How much weight do you expect to lose? _____

Patient Name: _____
 Patient ID Number: _____
 DOB: _____